# 2022 MISSION TRIP GUIDE



GO MINISTRIES EMPOWERS LOCAL LEADERS TO REDEEM PEOPLE, RENEW COMMUNITIES AND RESTORE CREATION THROUGH MUTUAL TRANSFORMATION.

#### **CONTACT INFORMATION & TIMELINE**

# FOR TRIP BOOKING AND GENERAL INFORMATION:



Adrienne Stratton Sweat Director of Teams astratton@gomin.org 502.493.9846

#### TRAVEL AGENT RECOMMENDATIONS:

Lynette Sproull International Travel Specialist lynette@flyforgood.com

High Point www.highpointgo.com 866.532.7580

#### TRAVEL INSURANCE OPTION BY INSURANCE SERVICES OF AMERICA:

Insurance Services of America offers a travel insurance plan that covers Covid-19 and other medical care if needed while in the Dominican Republic. They recommend the Roundtrip Elite travel insurance policy for our team members. The plan features:

- 1. \$250,000 Medical
- 2. \$1,000,000 Evacuation coverage per person
- 3. \$2500 for Lost or stolen baggage
- 4. \$600 Baggage delay benefit
- 5. \$25,000 Accidental Death and Dismemberment
- 6. \$1500 Trip delay benefit
- 24-hour worldwide assistance

While on your trip, if you are diagnosed and treated for the coronavirus, then your local medical expenses are covered. In addition, if you are medically quarantined, then the insurance covers additional lodging expenses up to \$1500. After you have been released from the required quarantine, the insurance will pay for an economy ticket to return home.

You can apply online at <a href="https://purchase.sevencorners.com/policygroup/HW7C6WN/HWMY7YS/">https://purchase.sevencorners.com/policygroup/HW7C6WN/HWMY7YS/</a>. If you apply online, please use a "\$0" trip cost. You may also call Adam Bates and he can take the application by phone. Here is his contact info:

Adam Bates - Vice President, Insurance Services of America Phone number: (800) 647-4589 or (480) 821-9052 / (866) 793-4779 (fax)

Policies may be paid with Visa, Master Card, Diners Club, check or money order. Plan costs are non-refundable after 10 days of purchase.

#### TIMELINE BEFORE TRIP

- \$1000 deposit, Team Covenant, and Team Application due 60 days after date of booking.
- 8 weeks prior you will get a reminder email from Lisa Crain with VounteerHub link to complete documents.
- Flight information approved by Lisa <u>before</u> booking. Team Roster, Team member medical forms, Indemnification forms, and final payment due 4 weeks prior to trip date
  - o Final flights booked 4 weeks out
- As of April 1, 2021 the Dominican Government will only be accepting customs forms
  electronically. Follow the link below to fill out an eTicket and have the QR code available to
  show to customs agents at the airport.
  - https://eticket.migracion.gob.do/

#### COVID-19 POLICY AND MEDICALPROTOCOL:

- On the Field:
- Upon arrival, a rapid COVID-19 test may be administered at the Santiago airport by Dominican officials.
- As always, everyone will use hand-washing/sanitation stations before going through meal lines.
- In the event that a team member does show symptoms, a GO Medical staff member will be contacted immediately for phone triage. If deemed necessary, the team member will visit the clinic for an in-person assessment. The team member will potentially be immediately tested, rather than awaiting the mandatory test 3 days prior to leaving.
- Per US mandate, all team members will be tested one day prior to traveling home, in order to obtain negative test results and re-entry into the United States.
- -- For team members who have recovered from Covid in the last 90 days, we HIGHLY RECOMMEND that you get documentation of recovery from your healthcare provider prior to traveling to the Dominican Republic. This will make re-entering the U.S. much easier, as you will not need to be tested on the island, nor will you have to worry about staying extra days due to a positive test result. The requirements for the documentation of recovery can be found here under "Test and Documentation Requirements," and under the "What if I recently recovered from COVID-19?" tab.
- In the event of a positive Covid test at any point during your trip, there are two options:

Retest as frequently as you wish, up to daily, for a cost of \$35/test, in pursuit of a negative test OR

Using your initial positive test result, we can provide documentation of recovery, to be used 10 days after your positive test. For example, positive test on Sunday, 10 days of CDC requirement, cleared to travel for Saturday"

For team members who require quarantine measures, team members will quarantine in a GO facility at a rate of \$25/day. The team member will receive daily check-ups from GO Medical staff, kept as comfortable as possible, and meals will be brought to their rooms for the duration of quarantine.

### Team Leader Essentials

- To book a trip, contact our Teams Administrator in the Louisville office: Lisa Crain, lcrain@gomin.org. You'll be added to the calendar once we've received an application, signed covenant and \$1,000 non-refundable deposit.
- Trip fees are \$1155 per person plus airfare. These fees cover:
  - Food, lodging & transportation
  - > Field Services
  - Leadership fee
  - > Benevolence
  - Ministry Advancement
  - > Covid-19 testing and cleaning requirements
- Most teams require a minimum of 10 team members per trip
  - Possible exceptions during non-peak times
- Most trips are 8 days long.
  - Summer trips span Tuesday-Tuesday.
  - September-May trips span Saturday-Saturday.
- Lisa will guide you through VolunteerHub, our registration portal, to get all necessary paperwork for you and your team.
- A Team Coordinator will help you build your itinerary and prepare your team.
- Your team will work alongside Dominican and Haitian local leaders and North American staff to support and propel existing initiatives in our four Focused Areas of Ministry.
- Our staff and local leaders will serve as your facilitators for your entire stay on the island.



# Responsibilities

Team leaders are important contributors to the team planning process.

- They are responsible for:
  - o Recruiting a team of 10 people or more
  - Leading team meetings
  - Sharing information with their team
  - Encouraging team fundraising efforts
  - Overseeing pre-trip preparations, such as lesson development, material/donation gathering, medical forms, etc.
  - Ensuring all forms are completed in VolunteerHub and/or submitted to the Louisville office.
  - Acting as spiritual leader for the team
- Make Flight Arrangements
  - We encourage you to begin making flight arrangements as soon as possible to ensure availability of seats and best prices for your airfare. All flights will be in and out of Santiago – Cibao International Airport [STI].
  - Ideally, arrivals are after 5 pm local time, and departures are before 9 am local time.
     This allows our staff and local leaders time to make necessary arrangements for the next week's teams.
  - See page 2 for travel agent recommendations. You may use your own travel agent or book your own flights. We require that you let us review your flight itinerary prior to booking.
  - The Dominican Republic now requires an e-ticket to enter and leave the country. This
    can be found at (https://eticket.migracion.gob.do/) or with a Google search for "eticket
    Dominican".
- Choose a Focused Area of Ministry (FAM)
  - If your church/organization already has an established partnership with a FAM or specific local leader, your coordinator will work to develop a week of ministry tailored to deepen your existing relationships.
  - If your team is new, you will have the opportunity to choose a FAM to work alongside throughout your week. The following pages provide more details.
  - Your team coordinator will help you determine what kind of construction/service projects, children's ministry and community outreach activities best fit your team makeup and the needs of your chosen FAM.

#### Passport

- A passport is required to travel to the Dominican Republic. The cost of a passport is not included in the price of your trip. If you do not have a valid passport, apply now!
- Passport services and information are available at: <u>travel.state.gov</u> under the tab "US Passports."

#### Immunizations

- o **GO Ministries requires up-to-date Tetanus/Diphtheria vaccinations for all trips**. The cost of immunizations is not included in your trip costs.
- While GO only requires Tetanus vaccinations, the Center for Disease Control also recommends the following: Hepatitis A&B, Typhoid, Malaria RX, Travelers Diarrhea RX – please see www.cdc.gov for current updates.
- Speak with your physician about specific vaccinations recommendations for your specific health situations.

## **FOCUSED AREAS OF MINISTRY**

# **CHURCH PLANTING**

**Mission:** GO Church Planting empowers local leaders to begin new churches who redeem people, renew communities, and restore creation through discipleship, mission, and the multiplication of leaders.

What it looks like: A team of at least 10 people will join in our global vision of starting 1,000 churches in the next 10 years. Teams partnering in this area of ministry will have the opportunity to encourage the leadership in their new church. Supporting this new church and the community can be done through service projects, sports outreach, children's ministry, etc.



### COMMUNITY DEVELOPMENT



**Mission:** GO Community Development renews and advances communities through the establishment of educational opportunities, small business, and international partnerships. This results in mutually transformational relationships that redeem people and restore creation.

What it looks like: A group of at least 10 members will experience small portions of many areas of our ministry. This might include construction, service-projects, children's ministry, prayer walks, distributing donations, giving away bibles, or any number of encouraging activities that further the ministry of local leaders in their communities. Through Kingdom Business, we

can also host small business training seminars and sessions for the public. We can tailor our trips for all ages and abilities.

### **FOCUSED AREAS OF MINISTRY**

#### GO MEDICAL

**Mission:** GO Medical empowers local medical professionals to provide quality healthcare to the vulnerable and the hurting, creating opportunities for healing and gospel transformation.

What it looks like: A team of 10 members or more will work alongside the GO Medical staff and a local leader in their community by hosting a mobile medical clinic. Most clinics are hosted in a church or school in the community, and are composed of a triage station, consultation area, pharmacy and prayer station. Non-medical team members can also serve by signing people in, handing out assigned medications, and



assisting medical professionals. We will oversee the purchase of medication for the clinic here on the island to avoid team members having to carry medications and clear customs.

#### GO SPORTS



**Mission:** GO Sports empowers local coaches to disciple athletes who influence their community as leaders of the next generation. We develop international partnerships that result in mutual transformation.

#### What it looks like:

Sports teams do not need to be made up of athletes or coaches. Anyone is welcome to be a part of a sports ministry trip. Sports teams spend the week with local leaders working in sports ministry either at the Leadership Development Complex or in communities around

Santiago. They can concentrate their time on a specific area of the sports academies (baseball, basketball, soccer, English classes, coach/staff development, etc.). They can also choose to spend the week learning about the broad scope of GO Sports' ministry or serving the community of Tamboril where the LDC is located. Some teams choose to lead outreach events such as basketball or soccer camps. Our trip coordinators work hard to take your vision/goals for the trip and customize it in a way that makes sense for mutual transformation through GO Sports.

### WHAT YOU WILL NEED:

- Passport
- Bible/Notebook/Pen
- Toiletries
- Towel/washcloth
- Flip Flops for shower
- Sunscreen
- Hat/Bandana
- Sunglasses
- Insect Repellent
- Work Clothes (old t-shirts, etc.)
- Shorts (THE LONGER THE BETTER!)
- Pants
- Casual clothes for evening activities (no tank tops please)
- Work Gloves

- Closed-toe work shoes and socks
- Twin size sheets
- Pillow
- Flashlight
- Water Bottle
- Church Clothes
  - Men Slacks & shirt with collar –
  - Ladies modest dress, skirt, or jeans (without holes, and a nice blouse)
- Bathing Suit
- Spending Money (\$50-\$100 we'll exchange dollars to pesos for you!)
- Appropriate snacks (especially if you have food allergies or a special diet)
- Medical team members must bring scrubs

# **Optional Items**

The following list contains things that many teams wish they had thought to bring.

- o Imodium (or other diarrhea medicine) & laxative medicine
- Dramamine (Recommended if you get motion sickness, for the plane and also for the curvy ride across the mountains from Santiago to Puerto Plata)
- o Baby powder / Gold Bond
- Aloe Vera or Vitamin E cream for sunburn
- Small battery-operated fan and extra batteries



### Save Space

Save space in your luggage by leaving the following at home:

- Expensive jewelry
- Laptops
- A bunch of junk food
- Clothes that are not appropriate (short shorts, short dresses, strapless tank tops or dresses, spaghetti strap tank tops, low cut shirts, bikinis)

#### **Technology**

We encourage you to leave behind work laptops and to step away from your routines with technology. Leave your phones in airplane mode and refrain from Wi-Fi. We ask that you take the time to enjoy your trip and be in the moment as much as possible so that you can have a life changing experience.



### **FUNDRAISING IDEAS**

### 1. Prayer Team

Before you begin any type of fundraising, give it to God in prayer. We often plan, execute and then pray for the best. The plan usually fails because we forget to ask God first.

Begin preparations for your trip by raising a prayer support base of at least ten people. These people will pray regularly for you as you prepare and daily during the actual trip.

These must be people whose prayer life you know and trust. They need to be mature Christians who will take your prayer covenant very seriously. They should not be members of your team.

Send your prayer team prayer requests during your preparations and before you leave. Include things like fatigue, your attitude, your reactions, flexibility, safety, and health. You will sense their prayer support on your trip and will be able to get through situations beyond your own strength because of their prayers.



## 2. Letter Writing

We have found that the best way for raising funds for a trip is through letter writing. In order to do that, we often must push aside our pride and let others in to help us, remembering that they will become a part of your trip by supporting you. \*Remember that people give to missions when they feel informed, when they believe their gift will change lives, when they feel like they are an important part of the trip, and when they sense your enthusiasm about it.

Make a list of family members, friends, and church members who may be interested in supporting you. In your letter, do the following:

- Explain the purpose of your trip
- Give details of how God has led you to this trip
- Explain why you chose to participate
- Tell the reader of planned activities
- Explain the need
- Ask the reader for specific actions based on the need

Please visit gomin.org/sample-letter to get a sample.

#### 3. Collide Coffee Fundraiser

GO Ministries started Collide Coffee Project in 2017 as a way to raise funds for ministry and share our story using everyone's favorite morning pastime: drinking coffee. You can sell coffee to raise funds for your trip by purchasing 12oz bags of coffee at a discounted rate to sell at their full price. You keep the difference, ranging between \$5-\$8 per bag.

If you are interested in getting more information, email <a href="mailto:info@collidecoffee.co">info@collidecoffee.co</a> and we would love to help you raise funds for your trip.

### 4. Hosting a Potluck or Pancake Breakfast

A pancake breakfast fundraiser is a wonderful way to raise money. The concept is simple: gather your community together and raise money by serving a pancake breakfast or potluck meal. You can keep it basic with pancakes and juice or get creative and do a potluck with different food. You charge a set price for them to eat and you keep the profits. Basic items for this fundraiser can be purchased at places like Costco and Sam's Club to buy in bulk at a cheap price. Make sure you make fliers and let your town know of the event and be sure to leave a donation jar out for people to chip in a little extra if they choose.



There is a lot of good insight for these events online so do not hesitate to google Pancake fundraising Ideas.